PATENT
Attorney Docket No. 10029.02
Express Mail Label No. EL625073552US

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In	re	the	An	plic	catio	on	of:
***	10	m.v	4 *P	P111	~~~~	~11	U 1.

Kevin LAMAR, et al.

Examiner:

Serial No.

GAU:

Filed: HEREWITH

For: GROUP PROGRAM FOR RESISTANCE

EXERCISE TRAINING

CERTIFICATE OF MAILING BY EXPRESS MAIL

Box PATENT APPLICATION Commissioner for Patents Washington, D.C. 20231

Sir:

The undersigned hereby certifies that the enclosed

- 1. Patent Application Transmittal;
- 2. Specification (45 pages), Claims (6 pages), and Abstract (1 page);
- 3. Drawings (4 sheets);
- 4. Declaration for Patent Application (unsigned);
- 5. Check for \$944.00
- 6. Certificate of Mailing by Express Mail; and
- 8. Return Card,

relating to the above application, were deposited as "Express Mail," Mailing Label No. EL625073552US with the United States Postal Service, addressed to Box PATENT APPLICATION, Commissioner for Patents, Washington, D.C., 20231, on this 12th day of March, 2001.

March 12, 2001

March 12, 2001

Thomas J. Osborne, Jr., Reg. No. 39,796

Attorney for Assignee

DORSEY & WHITNEY LLP

USPTO Customer No. 20686

UTILITY PATENT APPLICATION TRANSMITTAL (Large Entity)

(Only for new nonprovisional applications under 37 CFR 1.53(b))

10029.02

Total Pages in this Submission

Docket No.

TO THE ASSISTANT COMMISSIONER FOR PATENTS

Box Patent Application

wasnington, D.C. 20231												
Transmitted herewith for filing under 35 U.S.C. 111(a) and 37 C.F.R. 1.53(b) is a new utility patent application for an application for a application fo												
invention entitled:												
G	GROUP PROGRAM FOR RESISTANCE EXERCISE TRAINING											
and	and invented by:											
K	Kevin LAMAR, Allison M. PORTER, and Teresa Lynn HARVEY											
	CON.	FINU/	TION AP	PLICATION,	check	appropriate b	ox and supply	the requisite information:				
Continuation Divisional Continuation-in-part (CIP) of prior application No.:												
	ich is	a:										
	Con	tinuat	ion 🗆	Divisional		Continuation-	-in-part (CIP)	of prior application No.:				
	ich is	a:				,	. , ,	· · · · · · · · · · · · · · · · · · ·	_			
	Con	tinuat	ion 🗆	Divisional		Continuation-	-in-part (CIP)	of prior application No.:				
							. , ,					
	closed	are:										
141						Applicatio	n Elements					
### f <u>**</u> 1	1. 🗵	Filir	ng fee as o	calculated and	d trans	smitted as des	cribed below					
1	2. Specification having pages and including the following:											
	a. 🗷 Descriptive Title of the Invention											
	b	. 🛛	Cross References to Related Applications (if applicable)									
	С	. 🗆	Statement Regarding Federally-sponsored Research/Development (if applicable)									
	d	. 🗆	Reference to Microfiche Appendix (if applicable)									
	е	. 🛛	Background of the Invention									
	f	. 🛛	Brief Summary of the Invention									
	g	. 🗵	Brief Description of the Drawings (if drawings filed)									
	þ	. 🛛	Detailed Description									
	i	. 🛛	Claim(s)	Claim(s) as Classified Below								
	j	. 🗵	Abstract of the Disclosure									

UTILITY PATENT APPLICATION TRANSMITTAL (Large Entity)

(Only for new nonprovisional applications under 37 CFR 1.53(b))

Docket No. 10029.02

Total Pages in this Submission

3.	X	Drawing(s) (when necessary as prescribed by 35 USC 113)									
	a.		Formal	Number of Sheets							
	b.	X	Informal	Number of Sheets 4							
4.	×	Oath or Declaration									
	a.		Newly executed	d (original or copy) 🗵 Unexecuted							
	b.										
	c.		With Power of	Attorney Without Power of Attorney							
in chart a cath	d.		DELETION OF INVENTOR(S) Signed statement attached deleting inventor(s) named in the prior application, see 37 C.F.R. 1.63(d)(2) and 1.33(b).								
		The Box	Incorporation By Reference (usable if Box 4b is checked) The entire disclosure of the prior application, from which a copy of the oath or declaration is supplied under Box 4b, is considered as being part of the disclosure of the accompanying application and is hereby incorporated by reference therein.								
ે ^{નું} 6.		Computer Program in Microfiche (Appendix)									
137.		Nucleotide and/or Amino Acid Sequence Submission (if applicable, all must be included)									
	a.	☐ Paper Copy									
	b.		☐ Computer Readable Copy (identical to computer copy)								
	C.	Statement Verifying Identical Paper and Computer Readable Copy									
		Accompanying Application Parts									
8.		Ass	Assignment Papers (cover sheet & document(s))								
9.		37 CFR 3.73(B) Statement (when there is an assignee)									
10.		English Translation Document (if applicable)									
11.		Information Disclosure Statement/PTO-1449									
12.		Preliminary Amendment									
13.	×	Acknowledgment postcard									
14.	⊠	Cer	tificate of Mailing]							
			First Class	Express Mail (Specify Label No.): EL625073552US							

Application Elements (Continued)

UTILITY PATENT APPLICATION TRANSMITTAL (Large Entity)

(Only for new nonprovisional applications under 37 CFR 1.53(b))

was unintentional.

Docket No. 10029.02

Total Pages in this Submission

	Accompanying Application Parts (Continued)
15.	Certified Copy of Priority Document(s) (if foreign priority is claimed)
16.	Additional Enclosures (please identify below):
tora,	Request That Application Not Be Published Pursuant To 35 U.S.C. 122(b)(2)
	Pursuant to 35 U.S.C. 122(b)(2), Applicant hereby requests that this patent application not be published pursuant to 35 U.S.C. 122(b)(1). Applicant hereby certifies that the invention disclosed in this application has not and will not be the subject of an application filed in another country, or under a multilateral international agreement, that requires publication of applications 18 months after filing of the application.
	Warning
	An applicant who makes a request not to publish, but who subsequently files in a foreign country or under a multilateral international agreement specified in 35 U.S.C. 122(b)(2)(B)(i), must notify the Director of such filing not later than 45 days after the date of the filing of such foreign or international application. A failure of the applicant to provide such notice within the prescribed period shall result in the application being regarded as abandoned, unless it is shown to the satisfaction of the Director that the delay in submitting the notice

UTILITY PATENT APPLICATION TRANSMITTAL (Large Entity)

(Only for new nonprovisional applications under 37 CFR 1.53(b))

Docket No. 10029.02

Total Pages in this Submission

						•		
1135 1235			Fee Calculat	tion and Tra	nsmitta	ıl		
10			CLAIMS A	S FILED				
	For	#Filed	#Allowed	#Extra		Rate	Fee	
	Claims	33	- 20 =	13	×	\$18.00	\$234.00	
Indep	. Claims	3	- 3 =	0	×	\$80.00	\$0.00	
Multip		\$0.00						
	BASIC FEE							
'cas'	ER FEE (specify	y purpose)					\$0.00	
1 sal	\$944.00							
 ☑ A check in the amount of \$944.00 to cover the filing fee is enclosed. ☑ The Commissioner is hereby authorized to charge and credit Deposit Account No. 04-1415 as described below. A duplicate copy of this sheet is enclosed. ☐ Charge the amount of as filing fee. ☑ Credit any overpayment. ☑ Charge any additional filing fees required under 37 C.F.R. 1.16 and 1.17. ☐ Charge the issue fee set in 37 C.F.R. 1.18 at the mailing of the Notice of Allowance, pursuant to 37 C.F.R. 1.311(b). 								
Dated: March 12, 2001 Thomas Dorsey &						Osborne, Jr., Registration Whitney LLP ustomer No. 20686	No. 39,796	

cc: Docket Clerk